

TREATMENT PACKAGES

Choose one of the following treatments along with either an exclusive dining experience in Seckford Hall's '1530' restaurant or alternatively enjoy a glass of Prosecco or Cocktail in the The Taittinger Champagne and Cocktail Bar.

Media Vespers

The best thirty minutes you'll spend, to wind you down and take your mind off your thoughts for a while, in a massage devoted to your neck shoulders and back. Great for when you don't have a lot of time, but you do have a lot of stress.

Power Breakfast Facial

If you are looking for quick results, need to look your best and don't have much time, this is the one for you. We have taken all the ingredients that you would find in a healthy breakfast, containing oats, honey and fruit juices to create this revitalising facial that includes a power cleanse, mini massage, Power Breakfast mask - face and hand exfoliation. Matins Soul Therapy aromas are used and you will be very ready to face the day.

Temple Spa Manicure or Pedicure

Probably the most luxurious manicure you will ever have, literally skin care for the hands or feet. This 60 minute treatment will leave your hands & fingertips or feet & toes looking elegant and treated. Oh-so-good!

Choose one of the 30 minute treatments or a Manicure or Pedicure with one of the options below:

Treatment and Glass of Prosecco	£30.00
Treatment and £10 lunch allocation	£35.00
Treatment and Cocktail	£35.00
Treatment and delicious Afternoon Tea	£40.00

or alternatively:

Repose Aromatherapy Facial

An indulgent aromatherapy facial treatment, infused with generous anti-inflammatory ingredients to soothe an irritated skin and essential oils to relax a stressed mind and body. Pure bliss.

Vespers Drift Away Massage

This is our really relaxing top to toe massage, formulated with a dreamy blend of essential oils guaranteed to have you drifting away. It will soothe nerve endings, relaxing the muscles and the mind.

Fiduciae Massage

A great treatment for when your confidence needs a boost or when your muscles just need a hug. The treatment begins with an energising back massage using our Dream Stones, followed by a rebalancing foot and leg massage and a re-assuring scalp massage. This is completed with an application of our Power Breakfast mask removed with steam towels infused with an uplifting aroma.

1 hour Treatment and glass of Prosecco	£60.00
1 hour Treatment and £10 lunch allocation	£65.00
1 hour Treatment and Cocktail	£65.00
1 hour Treatment and delicious Afternoon Tea	£70.00


FLAWLESS IMAGE

BEAUTY

at

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interiors by
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Temple Spa

Temple Spa is a total lifestyle brand that seeks to beautifully fuse product, philosophy and spa. Our passion is professional-standard skin care and body care, aromatherapy and spa treatments that replenish, revive, renew and love to treat people very well.

Inspired by the ancient word 'temple', which describes the body as a sacred place and a precious house; and 'spa', which is a space for health, beauty and relaxation and conjures up a sense of absolute comfort and joy. Uniting these words together, our hope is that Temple Spa becomes a metaphor for looking after skin, body and soul. Your space, your spa.

FACIALS

The Power Breakfast Facial

If you are looking for quick results, need to look your best and don't have much time, this is the one for you. We have taken all the ingredients that you would find in a healthy breakfast, containing oats, honey and fruit juices to create this revitalising facial that includes a power cleanse, mini massage, Power Breakfast mask - face and hand exfoliation. Matins Soul Therapy aromas are used and you will be ready to face the day.

30 minutes

£28.00

Repose Aromatherapy Facial

An indulgent aromatherapy facial treatment infused with generous anti-inflammatory ingredients to soothe an irritated skin and essential oils to relax a stressed mind and body. Pure bliss.

60 minutes

£55.00

Go Guy - Male Executive Facial

Whether your day is just beginning or is coming to an end, this facial is perfect to revive, refresh, and invigorate. Your skin will be revitalised with our Breakfast Mask, in addition, aching neck muscles will be massaged, worry lines erased and headaches soothed. You will leave feeling glad you gave us an hour of your time.

60 minutes

£55.00



MASSAGE

Vespers Drift Away

This is our really relaxing top to toe massage, formulated with a dreamy blend of essential oils guaranteed to have you drifting away. It will soothe nerve endings, relaxing the muscles and the mind.

60 minutes

£55.00

Media Vespers

The best thirty minutes you'll spend, to wind you down and take your mind off your thoughts for a while, in a massage devoted to your neck shoulders and back, great for when you don't have a lot of time, but you do have a lot of stress.

30 minutes

£28.00

Matins: Fully Restored

An invigorating and energising massage designed to leave you full of vitality. Starting with Mediterranean massage movements to encourage circulation, tone muscles and stimulate the whole body, we move onto a revitalising ritual, guaranteed to restore and revive. The treatment is completed with our rescue mask, Wake Up Call after which, you will soon be raring to go.

60 minutes

£55.00

Media Matins: Touch and Go

An invigorating and energising massage packed into thirty minutes concentrating on the back, neck and shoulders, a quick fix to get you started, enthused and feeling great.

30 minutes

£28.00

BODY WRAPS, SCRUBS AND INFUSIONS

The Outer Glow

Using our unique Sugar Buff Body Scrub, we polish your body and exfoliate your face with Power Breakfast. This invigorating and refreshing all over treatment leaves the skin top to toe soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation. Go and glow!

45 minutes

£47.00

MANICURE AND PEDICURE

Temple Spa Manicure or Pedicure

Probably the most luxurious manicure you will ever have, literally skin care for the hands or feet This 60 minute treatment will leave your hands & fingertips or feet & toes looking elegant and treated. Oh-so-good!

1 hour

£27.00

WAXING

For all of our waxing treatments we use Australian Bodycare Professional.

Tea Tree Oil is a natural essential oil steam extracted from the Melaleuca Alternifolia tree grown in Australia. It is well known for its natural antibacterial, antiseptic, anti-fungal and anti-viral properties.

Australian Bodycare only use Melaleuca alternifolia (Tea Tree Oil) which out of the 110 different varieties of Tea Tree Oil has been proven to contain the most beneficial natural properties for healthy skin. The wax will stick to the hair and it will be removed cleanly from the follicle leaving the area silky and smooth.

Ladies, to get the best results, the hair to be waxed needs to be a minimum of 1/4 cm in length. The wax will stick to the hair and it will be removed cleanly from the follicle leaving the area silky and smooth.

Gentlemen, for extra softness and smoothness book yourself a hair removal session, your skin will be bare and sleek, amazingly silky and touchable.

Women

Full Leg	35 minutes	£22.00
Full Leg and Bikini Line	45 minutes	£29.00
Half Leg	20 minutes	£15.00
Half Leg and Bikini	35 minutes	£22.00
Bikini	15 minutes	£11.00
Brow	15 minutes	£8.00
Lip	15 minutes	£8.00
Chin	15 minutes	£8.00
Lip and Chin	15 minutes	£15.00
Forearm	20 minutes	£14.00
Underarm	15 minutes	£12.00

WAXING FOR MEN

Chest or Back	30 minutes	£20.00
Chest and Back	45 minutes	£30.00

EYEBROWS AND EYELASHES

Eyelash Tint	30 minutes	£12.00
Brow Tint	15 minutes	£8.00
Lash and Brow Tint	30 minutes	£18.00

